49er/FX & Nacra 17 SOUTH AMERICAN CHAMPIOSHIP

Rio de Janeiro, RJ, BRASIL

November 14th – 18th 2026

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY

Iate Clube do Rio de Janeiro

Confederação Brasileira de Vela

Panamerican Sailing Federation

Classe 49er&Nacra 17 Brasil

The notation [NP] in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.
The notation [SP] means that a standard penalty for a breach may be applied by the Race Committee or Technical Committee without a hearing. This changes RRS A5.

1. RULES

1.1. The rules as defined in the World Sailing Racing Rules of Sailing (RRS) 2025 – 2028.
1.2. The prescriptions of the national authority will not apply.
1.3. Class rules regarding measurement will apply. Class rules related to the conditions for organizing and conducting class championships will not apply.
1.4. The official language of this championship will be **English**. In case of discrepancies between documents, the original language of the corresponding document will prevai**l.**
1.5. In case of discrepancies between the Notice of Race (NoR) and the Sailing Instructions (SI), the SI will prevail. This modifies RRS 63.5(c).

2. CHANGES TO SAILING INSTRUCTIONS

2.1. Any change to the Sailing Instructions will be posted before 11:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

3. COMMUNICATION WITH COMPETITORS

3.1. Notices to competitors will be posted on the online Official Notice Board in the WhatsApp group "**OA 49er, 49erFX e Nacra17 SUDAM 2026**".
3.2. **[DP]** Sailors and/or support personnel appointed by them must have a device with WhatsApp access, join the group, and have data capacity to monitor that group on event days from 07:00 to 23:00.
3.3. **[DP]** Except in an emergency, from the warning signal of the first race of the day until the end of the last race of that day, a boat shall neither make nor receive data or voice transmissions that are not available to all boats, including mobile phones.
3.4. The race office is located at Iate Clube do Rio de Janeiro Sailing Room.

4. CODE OF CONDUCT

4.1. **[DP]** Competitors and support persons shall comply with any reasonable request from a race official.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the online Official Notice Board in the WhatsApp group "OA 49er, 49erFX e Nacra17 SUDAM 2026 ".
5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

6. SCHEDULE OF RACES

6.1 Registration: 14 November 2026, 10:00–18:00.
6.2 Racing days and first warning signal:

DATE	TIME	EVENT
14 NOV – SATURDAY	10h00 – 18h00	Registration
	11h00 – 17h00	Free Training
15 NOV – SUNDAY	13h00	Races
16 NOV – MONDAY	13h00	Races
17 NOV – TUESDAY	13h00	Races
18 NOV - WEDNESDAY	13h00	Races
	18h00	Prize Giving

6.3 Number of races: 12 scheduled races. Target 3 races per day; maximum 4 races per day.
6.4 The scheduled time for the warning signal of the first race each day is 13:00.
6.5 On the last scheduled day of racing (18 November), no warning signal will be made after 16:00.
6.6 To alert boats that a race or sequence of races will begin soon, the orange starting-line flag will be displayed with one sound at least five minutes before a warning signal is made.

7. CLASS FLAG
7.1 The class flag will be the 49er, 49erFX and Nacra17 Class flag (or a white flag with the 49er, 49erFX and Nacra17 logo).

8. RACING AREA
8.1 The racing area will be in Guanabara Bay, preferably in the areas comprising the Escola Naval and Praia do Flamengo courses.
8.2 The Race Committee will announce the specific racing area each day via the Official Notice Board.

9. THE COURSES
9.1 The courses to be sailed will be Windward-Leeward.
9.2 The diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
9.3 No later than the warning signal, the race committee signal vessel will display the course designation and the approximate compass bearing of the first leg.
9.4 A gate may be replaced by a single mark to be left to port.

10. MARKS
10.1 Marks will be as follows (descriptions to be confirmed/posted on the Official Notice Board if different):
- Course marks: orange inflatable buoys (cylindrical).
- Starting marks: race committee vessel displaying an orange flag and an inflatable white buoy.
- Finishing marks: race committee vessel displaying a blue flag and an inflatable white buoy.
- New marks (for change of course): will be inflatable yellow buoy.

10.2 The starting and finishing marks will be the race committee vessel and the nearby mark as described above.

11. THE START
11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
11.2 The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard end and the course side of the port-end starting mark.
11.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.
11.4 [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

12. CHANGE OF THE NEXT LEG OF THE COURSE
12.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position or lay a new mark and remove the original mark as soon as practicable.
12.2 When a leg is changed, the race committee will signal in accordance with RRS 33.

13. THE FINISH
13.1 The finishing line will be between a staff displaying a blue flag on the race committee vessel and the course side of the finishing mark.

14. PENALTY SYSTEM
14.1 RRS 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
14.2 Appendix P will apply.

15. TIME LIMITS AND TARGET TIMES
15.1 Target time for a race is approximately 30 minutes.
15.2 Time limit for the first boat to finish: 45 minutes.
15.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A5.1 and A5.2.
15.4 Failure to meet the target time will not be grounds for redress. This changes RRS 61.1(a).

16. PROTESTS AND REQUESTS FOR REDRESS
16.1 Hearing request forms are available at the race office.
16.2 The protest time limit is 60 minutes after the race committee arrives ashore. The time will be posted on the Official Notice Board.
16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
16.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 63.1(a)(1).
16.5 A list of boats that have been penalized under Appendix P for breaking RRS 42 will be posted.

17. SCORING
17.1 4 races are required to constitute the championship.
17.2 When 5 or fewer races have been completed, a boat's series score will be the total of her race scores.
17.3 When 6 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18. SAFETY REGULATIONS
18.1 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
18.2 Competitors shall wear personal flotation devices as required by SI 1.3 and class rules at all times while afloat, except briefly while changing or adjusting clothing.

19. REPLACEMENT OF CREW OR EQUIPMENT
19.1 [DP] Substitution of competitors will not be allowed without prior written approval of the Race Committee and shall comply with any restrictions in the Notice of Race.
19.2 [DP] Substitution of damaged or lost equipment will not be allowed unless authorized by the technical committee. Requests for substitution shall be made at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS
20.1 Each boat shall produce or verify the existence of a valid measurement certificate.
20.2 Boats may be inspected at any time.
20.3 [DP] Boats shall comply with RRS 78.1 when presented for inspection.

21. SUPPORT PERSON VESSELS
21.1 [DP] Support person vessels shall be registered at the form provided in the Notice of Race and identified with an identification number provided by the Organizing Authority, which shall be clearly displayed on the vessel throughout the event.
21.2 It is recommended that each support vessel be equipped with a VHF radio capable of operating on channel 74 to receive on-water communications from the Race Committee.
21.3 [DP] Support vessels shall stay outside the racing area from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.

22. BERTHING
22.1 [DP] Boats shall be kept in their assigned places in the event venue at the location designated by the Organizing Authority.

23. PRIZES
23.1 The top three competitors will be awarded.
23.2 The Prize Giving Ceremony will be held immediately after racing at the Hangar 3 tent.

24. RISK STATEMENT
24.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

24.2 The Organizing Authority will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the regatta.

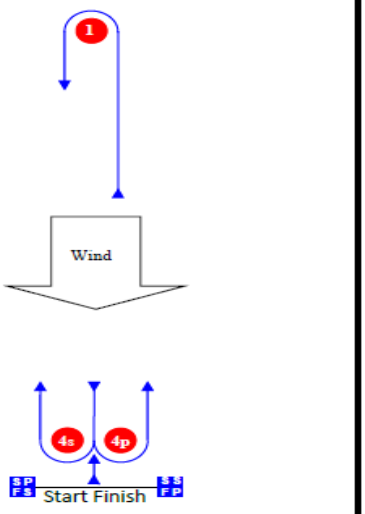
25. FURTHER INFORMATION

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ATTACHMENT A – COURSE DIAGRAMS

Windward-Leeward – Finish Leeward and Windward

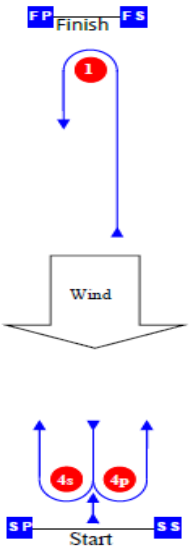
L



Course: Leeward finish

Signal	Mark Rounding Order
L2	Start – 1 – 4s/4p – 1 – Finish
L3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish
L4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish

W



Course: Windward Finish

Signal	Mark Rounding Order
W2	Start – 1 – 4s/4p – Finish
W3	Start – 1 – 4s/4p – 1 – 4s/4p – Finish
W4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish