



late Clube do Rio de Janeiro

RS:X RACING

2013 RS:X ICRJ INTERNATIONAL CUP

SAILING INSTRUCTIONS

The 2013 RS:X ICRJ International Cup is organized by the late Clube do Rio de Janeiro (ICRJ) between the dates of August 11 to 17, 2013;

Organized in cooperation with

FEDERAÇÃO DE VELA DO ESTADO DO RIO DE JANEIRO

ASSOCIAÇÃO BRASILEIRA DE WINDSURFING

CONFEDERAÇÃO BRASILEIRA DE VELA



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AUGUST 11 - 17, 2013, Rio de Janeiro, Brazil

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Decisions on Measurement Protests: RRS 64.3a shall not apply.
- 1.3 If there is a conflict between the Notice of Race and these Sailing Instructions the Sailing Instructions will take precedence. This changes RRS 63.7.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted no later than two hours before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Official Flagpole(s).
- 4.2 When Flag AP is displayed ashore competitors shall not go afloat. '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. FORMAT OF RACING

- 5.1 The regatta will consist of a single Round for each Men's or Women's divisions.
- 5.2 Men and Women shall race separately.

6. SCHEDULE

- 6.1 Event Schedule

<u>Date</u>	<u>Day</u>	<u>Times</u>	<u>Event</u>
August 9	Friday	0900-1800	Arrival & Registration
August 10	Saturday	0900-1800 16:30	Registration & Equipment Check Sailors & Coaches Meeting
August 11 to 16	Sunday to Friday	12:00	Races
August 17	Saturday	12:00 18:00	Races Prize Giving & Closing Ceremony
August 18/19	Sunday		Departure days

- 6.2 There will be a maximum of 19 races.
- 6.3 The maximum number of races per day will be 4.
- 6.4 The scheduled time of the warning signal for the first race each day is 1200.
- 6.5 The warning signal for each succeeding race will be made as soon as practicable after the finish of the previous race.
- 6.6 To alert competitors that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

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- 6.7 The warning signal for the first race of a sequence of races shall not be made within 60 minutes of the official sunset time unless after a postponement during a start sequence or a general recall.
- 6.8 On the last day of the regatta no warning signal will be made after 1600.

7. CLASS FLAGS & GROUP COLOURS

- 7.1 For both Men and Women divisions, the Class Flag will be the same.

8. RACING AREAS

- 8.1 The Racing area is approximately between the Navy Academy and the Lage Island.
- 8.2 The racing area is defined as an area extending 75m beyond the entire course in which a competitor would normally sail while racing.

9. THE COURSES

- 9.1 At the discretion of the Race Committee, the following courses may be sailed: a Trapezoidal Course or a Windward/Leeward Course according to Appendix 1 or 2.
- 9.2 For each course, a 'Slalom End' with 3 marks may be set.

10. MARKS

- 10.1 Marks 1, 2, 3, 4, all slalom marks and change marks will be inflatable yellow buoys.
- 10.2 The starting marks will be a Race Committee Signal Boat at the starboard end of the start line and a port side cylindrical red buoy.
- 10.3 The finishing marks will be a Race Committee Boat and a cylindrical red buoy.

11. THE START

- 11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between the staff displaying orange flag on the Race Committee Signal Boat and the port end starting mark. Competitors whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.3 A competitor starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 11.4 When conditions are unfavourable, the starting line Race Committee Boats may hold their positions by the use of engines. This is not grounds for redress. This changes RRS 62.1(a).
- 11.5 If a competitor fails to start or breaks rule 30.3, the Race Committee will display her sail number on the Race Committee Signal Boat before the first competitor has finished that race. Failure to display the sail number(s) will not be grounds for redress. This changes RRS 62.1(a).

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

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13. SHORTENING COURSE

13.1 During the races, the Race Committee may shorten the course according to RRS 32.

14. THE FINISH

14.1 The finishing line will be between the staff displaying orange flag on the Race Committee Signal Boat and the finishing mark.

14.2 When conditions are unfavourable, the finishing line Race Committee Boat may hold its position by the use of engines. This is not grounds for redress. This changes RRS 62.1(a).

15. PENALTY SYSTEM

15.1 Competitors taking a penalty under RRS B4 shall complete the Penalty Declaration Form available from the Race Office as soon as they come ashore and within the protest time limit.

16. TIME LIMITS AND TARGET TIMES

16.1 Time limits and target times are in minutes and as follows:

	<i>Time Limit</i>	<i>Mark 1 Time Limit</i>	<i>Finish Window</i>	<i>Target Time</i>
All Races	50	15	15	30

16.2 Competitors failing to finish within the time stated in the Finish Window, after the first competitor in that group sails the course and finishes, will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

16.3 A race will be abandoned if the time limit is exceeded. This changes RRS 35.

17. PROTESTS AND REQUESTS FOR REDRESS

17.1 Protest forms are available at the Race Office. Protests and requests for redress or reopening shall be delivered there within the protest time limit.

17.2 The protest time limit is 60 minutes after the Race Committee Signal Boat returns to the Club.

17.3 Notices will be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.4 Hearings will be held in the Protest Room.

17.5 Notices of protests by the Race Committee or Jury will be posted within the protest time limit to inform competitors under RRS 61.1(b).

17.6 Breaches of SIs 2, 3, 21, 23.5, 24, RRS 55 and Class Rule C9.2 will not be grounds for a protest by a competitor. This changes RRS 60.1(a).

17.7 On the last scheduled day of racing, a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.

17.8 On the last scheduled day of racing, a request for redress from a Jury decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

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18. SCORING

- 18.1 The scoring will be the Low Points Scoring System in accordance with RRS A4 and B8.2.
- 18.2 A minimum of 3 races is required for a valid Championship.
- 18.3 A competitor's series score will be the total of her race scores excluding her worst score(s) as follows:

<i>Number of races sailed</i>	<i>Scores to be excluded</i>
1-5	0
6-12	1
13 or more	2

- 18.4 To request correction of an alleged error in posted results, a competitor may complete a Scoring Enquiry Form available at the Race Office.
- 18.5 The scoring abbreviation for a penalty imposed under instruction **Erro! Fonte de referência não encontrada.** will be DPI.

19. SAFETY REGULATIONS

- 19.1 In accordance with Class Rules C1.2 competitors shall carry a whistle and a 5m tow rope.
- 19.2 A competitor that retires from a race shall notify the Race Committee as soon as possible.
- 19.3 Competitors not racing for any of the racing days shall inform the Race Office.

20. REPLACEMENT OF EQUIPMENT

- 20.1 Substitution of damaged or lost equipment is allowed.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1 Only Class rules compliant equipment shall be used at this event
- 21.2 Equipment may be inspected at any time for compliance with the class rules and the sailing instructions according to the following procedures:
- 21.2.1 A competitor may be instructed by the Race Committee, either ashore or on the water, to proceed immediately to the Inspection Area for inspection.
- 21.2.2 Until permission is given by the Race Committee, a competitor once instructed to proceed for inspection, shall have no contact with any support personnel, no person shall join or leave the board, no equipment or other item shall be taken on or off that board and the board shall not leave the Inspection Area.
- 21.3 The Race Committee may protest a competitor for an alleged breach of the class rules or sailing instructions. This changes RRS 60 and 78.3.

22. LOCATIONS OF IMPORTANCE

- 22.1 The Official Notice Board is located at the bottom of the stairway leading to the Race Office.
- 22.2 The Official Flagpole(s) is located in front of Club House.
- 22.3 The Race Office is located on the 1st Floor of the Club's main building.
- 22.4 The Inspection Area is at hangar 1.

22.5 The Protest Room is located next to the Race Office.

23. OFFICIAL BOATS

23.1 Official boats will be marked as follows:

Race Committee orange flag with black letters RC

23.2 Actions by the official boats shall not be grounds for redress by a competitor. This changes RRS 62.1(a).

24. SUPPORT BOATS

24.1 Team leaders, coaches and other support personnel shall comply with the Coaches' Code of Conduct.

24.2 All coach boats shall be registered at the Race Office.

24.3 Infringements of the Coaches' Code of Conduct will be subject to action by the Race Committee which may result in preventing a support boat from going afloat.

25. TRASH DISPOSAL

25.1 Trash may be placed aboard support and Race Committee boats.

26. RADIO COMMUNICATION

26.1 While on the water, a competitor shall not carry equipment capable of making radio transmissions or receiving radio communications, except for equipment provided by the Organising Authority. This restriction also applies to mobile telephones.

26.2 For purposes of safety, coaches may monitor the Race Committee working channel, but cannot transmit on this channel except in the case of an emergency.

27. PRIZES

27.1 Prizes will be awarded according to the Notice of Race.

28. DISCLAIMER OF LIABILITY

28.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

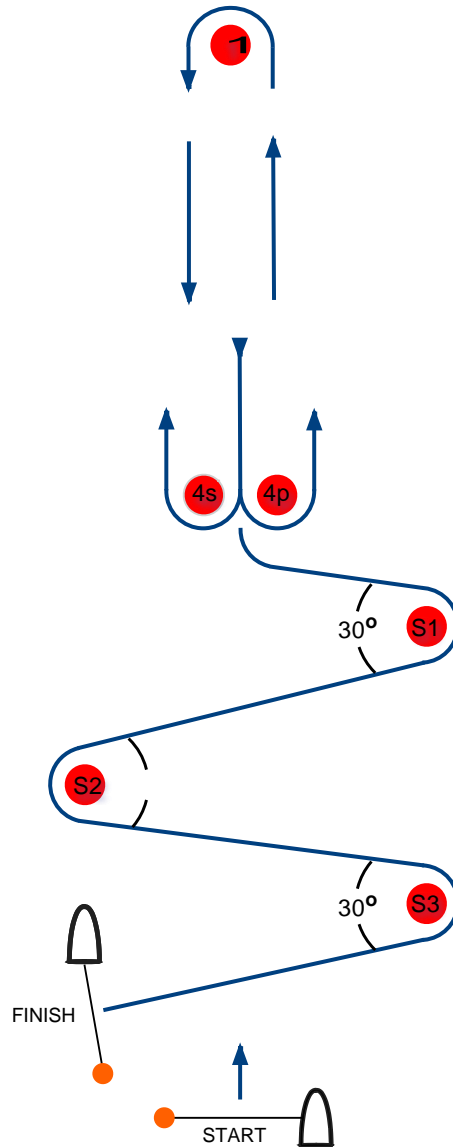
29. INSURANCE

29.1 Each participating competitor shall be insured with valid third-party liability insurance with a minimum cover of €1,000,000 per event or the equivalent.

29.2 Coach and support boat drivers shall also have valid third-party liability insurance with a minimum cover of €1,500,000 per event or the equivalent.

APPENDIX 1

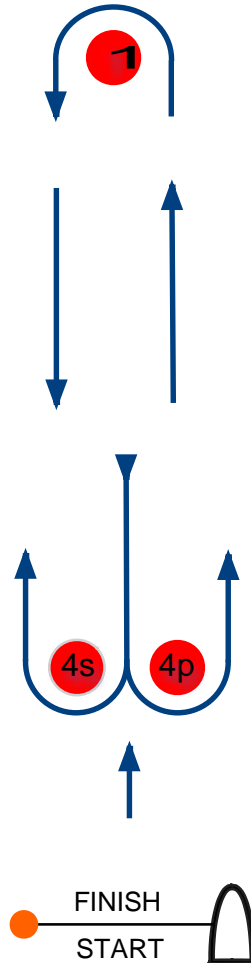
COURSE: BLUE



Signal	Mark Rounding Order
1	Start - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Start
2	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Start

APPENDIX 2

COURSE: RED



Signal	Mark Rounding Order
1	Start - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Start
2	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4p - S1 - S2 - S3 - Start