



IATE CLUBE
DO RIO DE JANEIRO



BRAZILIAN SAILING WEEK



Bradesco

National Trial for 2013 Sailing Brazilian Team
Resolution **CBVela-000/2012**

14 to 24 February, 2013

Classes:

***49er (Male) – 49er FX (Female)
Finn (Male) – 470 (Female) – 470 (Male)
Laser Radial (Female) – Laser Standard (Male)
RS:X (Female) – RS:X (Male) – RS:X 8.5 (Male)***

ORGANIZATION:

***Confederação Brasileira de Vela
Iate Clube do Rio de Janeiro***



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SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. Class rules will apply except those related with conditions to organize and conduct Class Championships.
- 1.3. For the "Medal Race" Addendum Q will apply, as described at the end of this Sailing Instructions. For that race, sailig instructions of Addendum Q will prevail over any other items of this Sailing Instructions that conflict.
- 1.4. If there is a conflict between languages the Portuguese text will take precedence.

2. NOTICE TO COMPETITORS:

- 2.1. Notice to competitors will be posted on the official notice board located at the regatta office entrance.

3. CHANGING TO SAILING INSTRUCTIONS:

- 3.1. Any change to the sailing instructions will be posted before two hours of the scheduled time for starting sequence of the first race of the day it will take effect, except that any change to the schedule of races will be posted by 19:00 of the day before it will take effect.

4. SIGNALS MADE ASHORE:

- 4.1. Signals made ashore will be displayed at the official flag pole, located at the 'Cais Nobre' close to clubs balcony.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

5. SCHEDULE OF RACES:

- 5.1. Dates of racing:

Week day	Date	Time	Activity
Thursday	14/02/2013	12:00	Official opening for practice – Event Venue
Friday	15/02/2013	09:00 às 18:00	Regatta Office open Entries and measurements
Saturday	16/02/2013	09:00 às 18:00	Entries and measurements
Sunday	17/02/2013	09:00 às 18:00	Entries and measurements
Monday	18/02/2013	10:00	Skippers meeting
		10:30	Opening Ceremony
		13:00	Races
Tuesday	19/02/2013	13:00	Races
Wednesday	20/02/2013	13:00	Races
Thursday	21/02/2013	13:00	Races
Friday	22/02/2013	13:00	Medal Race
		17:00	Time limit for starting sequence – Races
		18:30	Prize Giving Ceremony
Saturday	23/02/2013	10:00 as 18:00	Seminar with Olympic Sailing Campaign*
Sunday	24/02/2013		Official departure day

* Attending the seminar is mandatory for all sailors that will apply for official support.

- 5.2. Number of race:

Class	Number	Races per day
Laser Std. Masc., Laser Radial Fem., 470 M/F, RS:X M/F, RS:X 8.5 e Finn	10 races	2 per day
49er e 49er FX	15 races	3 per day.

On extra race per day may be sailed, provided that no class become ahead of the schedule.

- 5.3. In case of only one entry at any class, or during the competition all other competitors give up, or only one competitor remain, the organization may declare that competitor winner of Brazilian Sailing Week, without need to complete the races scheduled to validate the event.



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6. FORMAT OF RACING (Modify Notice of Race):

- 6.1. For all classes, the event will consist of one opening series and a "Medal Race". The opening series will be a single one.
- 6.2. For all classes, except 49er and 49er FX, 9 (nine) races are scheduled in the opening series. For 49er and 49er FX classes 14 (fourteen) races are scheduled in the opening series. Go forward to the "Medal Race" the competitors' highest ranked in opening series, considering all races completed till and including day 21/02, Thursday and on this way:
- Classes with 10 or more entries, the 10 highest ranked.
 - Classes with 9 or less entries, the 5 highest ranked.
- 6.3. Assignments to the Medal Race will be based on the ranking available at 08:00 on the day of the Medal Race. Protest Committee may extend this time limit.
- 6.4. In all races of opening series and also for Medal Race criteria, will have only one starting sequence and the same course the classes grouped as follow:
- 49er and 49er FX.
 - 470 male and female.
 - RS:X male and RS:X 8.5 male.

Also will have only one rank, with only one overall result the classes grouped as follows:

- 49er and 49er FX.
- 470 male and female.

7. CLASS FLAGS:

7.1 CLASS :	FLAGS:
Finn	Finn class insignia over white figure.
49er e 49er FX	49er class insignia over white figure.
470 (Male.) e 470 (Female)	470 class insignia over white figure.
Laser Std. (Male)	Laser class insignia over white figure.
Laser Rdl. (Female)	Laser class insignia over light blue figure.
RS:X (Male) and RS:X 8.5 (Male)	RS:X class insignia over white figure.
RS:X (Female)	RS:X class insignia over light blue figure.

8. RACING AREAS:

- 8.1. Attachment 1 shows the location of race areas, without scale and with approximated dimensions.
- 8.2. The Race Committee will post the assignment of classes to racing areas on a daily basis, no latter than 19:00 the previous evening.
- 8.3. The Race Committee may reassign one class to any racing area no latter than two hours before the scheduled warning signal for the first race of the day. However:
- When flag AP is displayed ashore, the racing area may be changed until 15 minutes before the AP is removed; and*
 - When flag AP is displayed afloat, the racing area may be changed. The Race Committee signal boat will display flag LIMA over the class flag affected and move to the new racing area.*
- 8.4. Medal Races for all classes will be sailed on Flamengo racing area.

9. COURSES:

- 9.1. The diagrams in Attachment 2 show the courses, including the order in with marks are to be passed and the side on which each mark is to be left, the approximate angles and distances at the discretion of the Race Committee.



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- 9.2. No later than warning signal, the Race Committee signal boat will display the approximate compass bearing of the first leg, starting order and course for each class.

10. MARKS:

- 10.1. Course marks will be:

FLAMENGO Area	<i>Marks 1, 2, 3 e 4 will be yellow inflatable cylinders.</i>
ESCOLA NAVAL Area	<i>Marks 1, 2, 3 e 4 will be orange inflatable triangles.</i>
PONTE Area	<i>Marks 1, 2, 3 e 4 will be orange inflatable cylinders.</i>

- 10.2. Starting and finish marks will be:

FLAMENGO Area	<i>Orange inflatable cylinders and a race committee boat.</i>
ESCOLA NAVAL Area	<i>Yellow inflatable triangles and a race committee boat.</i>
PONTE Area	<i>Yellow inflatable cylinders and a race committee boat.</i>

- 10.3. New marks, as provided in instruction 11 of these Sailing Instruction, will be:

FLAMENGO Area	<i>Yellow inflatable cylinders with a black band.</i>
ESCOLA NAVAL Area	<i>Yellow inflatable cylinders with a black band.</i>
PONTE Area	<i>Yellow inflatable cylinders with a black band.</i>

11. THE START:

- 11.1. The starting line will be between a staff displaying an orange flag on the Race Committee signal boat at the starboard end and one starting mark at the port end.
- 11.2. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.3. A boat starting later than 4 (four) minutes after her starting signal will be scored as not started – DNS. This changes rule A4 and A5.
- 11.4. The race committee signal boat may hold her position at the starting line with engine.
- 11.5. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

12. CHANGE OF THE NEXT LEG OF THE COURSE:

- 12.1. To change next leg of the course, the race committee may lay a new mark (or move the finish line) and remove the original mark as soon as practical. When in a subsequent change a new mark is replaced, the original mark may be used.
- 12.2. Except at a gate, boats shall pass between the race committee boat signaling the change of the course and the nearby mark, leaving the mark to port and the race committee boat to starboard. This changes rule 28.1.

13. FINISH:

- 13.1. The finish line will be between a staff displaying an orange flag on the race committee boat and one finish mark at the other end as stated on diagrams of Attachment 2.
- 13.2. The race committee boat may hold position at the finish line with engine.

14. PENALTY SYSTEM (Modify Notice of Race):

- 14.1. A boat that accept a penalty by rule 44.1 shall fill an acknowledge form at the Regatta Office during protest time limit of that day.
- 14.2. Appendix P will apply.
- 14.3. For the 49er and 49er FX, rules 44.1 and P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

- 14.4 If in the medal race a boat is penalized for breaking rule 42 a second or third time during the regatta she may acknowledge her breach by immediately retiring from the race. If she fails to do so she will be disqualified without a hearing and ranked tenth in the regatta. If there are two such boats, they will be ranked ninth and tenth, in order of their opening-series ranks, etc. This changes rules P2.2 and P2.3

15. TIME LIMITS AND TARGET TIMES:

- 15.1. Time limits and target times for the opening series races are as follows:

Class	Target Time	Mark 1 Time Limit	Time Limit	Finish Window
Finn	60 min.	30 min.	120 min.	15 min.
Laser Std. M, Laser Radial F, 470 (M/F)	50 min.	25 min.	90 min.	15 min.
RS:X (M/F), RS:X 8.5 (M), 49er, 49er FX	35 min.	20 min.	50 min.	15. min

- 15.2 For the Medal Race, time limits and target times are as follows:

Class	Target Time	Mark 1 Time Limit	Time Limit	Finish Window
RS:X (M/F), RS:X 8.5 (M)	20 min.	15 min.	50 min.	10 min.
All classes but RS:X (M/F) and RS:X 8.5 (M)	30 min.	30 min.	50 min.	10 min.

- 15.3. If no boat has passed mark 1 within mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 15.4. Will be scored DNF without a hearing boats that not finish within finish window time after the first boat sails the course and finishes. This changes rules 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS:

- 16.1. Protest forms are available at the Regatta office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2. For each class the protest time limit is 90 minutes after the last boat has finished the last race of the day or the race committee signals no more racing that day, whichever is later. Same time limit apply to all race committee and protest committee protests about incidents observed on the race area and for requests for redress. This modify rule 61.3 and 62.2.
- 16.3. Notices will be posted no later than 20 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located inside regatta office, at the time scheduled on that notice.

Avisos aos competidores serão afixados no quadro oficial de avisos do evento em até 20 minutos depois de encerrado o prazo de protestos, a fim de informá-los das audiências nas quais serão partes ou citados como testemunhas. As audiências serão realizadas na Sala da Comissão de Protestos, localizada no interior da Sala da Secretaria do Evento no horário indicado nos avisos acima.

- 16.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.5. A list of boats that have been penalized under Appendix P for breaking rule 42 will be posted, according item 14.2.
- 16.6. Breaches of class rules or items 8, 9, 11.2, 14.1, 16.1, 18, 19, 20, 22, 23, 24 e 27 of these instructions will not be grounds for a protest or request for redress by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

- 16.7. On the last scheduled day of racing a request for reopening a hearing shall be delivered:
- within the protest time limit if the requesting party was informed of the decision on the previous day;
 - no later than 30 minutes after the requesting party was informed of the decision on that day.
- This changes rule 66.



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- 16.8. On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.
- 16.9. Decisions of the protest committee will be final as provided in rule 70.5 (b) and Appendix N.

17. SCORING (Modificando o Aviso de Regatas):

- 17.1. Rule B8 is deleted.
- 17.2. Five races, including opening series and Medal Race, are required to be completed to constitute a series, except as stated on the item 5.3 of these SI.
- 17.3. When 5 (Five) races have been completed, including opening series and Medal Race, a boat's series score will be the total of her race scores.
- 17.4. When 6 (six) or more races have been completed, including opening series and Medal Race, a boat's series score will be the total of her race scores excluding her worst score, except as stated on item 5.3 of these SI and except that Medal Race points will not be excluded.
- 17.5. For the Medal Race, rule A4.1 is changed so that the points are doubled. Rule A4.2 is changed so that the scores are based on the number of boats assigned to compete in that race and then doubled.
- 17.6. For competitors assigned to compete in the Medal Race, ties will be broken by the Medal Race score. This changes rule A8. For tied boats with the same score in the Medal Race, ties will be broken applying rule A8 to the opening series scores.
- 17.7. The boats assigned to compete in the medal race will be ranked highest in the series, except boats disqualified from the medal race under rule 5 or rule 69.
- 17.8. A boat assigned to compete in the medal race shall make a genuine effort to start, sail the course and finish. A breach of this paragraph shall not be grounds for a protest by a boat. This changes rule 60.1(a). The penalty for a breach of this paragraph will be ranking the boat 10th in the final series score. If there are two such boats, they will be ranked 9th and 10th, in order of their opening-series ranks, and so on. This changes rule A2.
- 17.9. In case of non Brazilian entries in the event, the scores will be unique, including all participants. The position of best Brazilian boats will be defined from those scores, including results of all competitors.
- 17.10. The organizing authority may declare winner in one class a Brazilian competitor that has a score impossible to be beaten by the second place; in this case when the competitor is declared the winner, the competition is over for all other competitors in that class, holding their positions at that moment.

18. SAFETY REGULATIONS:

- 18.1. *A boat that retires from a race shall notify the race committee as soon as possible.*
- 18.2. **Competitors shall carry onboard personal flotation devices for all crew during all the time onboard, recommended wear it during all competition time or observing specific rules of each class.**

19. REPLACEMENT OF CREW OR EQUIPMENT:

- 19.1. Substitution of competitors will not be allowed without prior written approval of the race committee.
- 19.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS:

- 20.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. OFFICIAL BOATS:

- 21.1. Official boats will be marked as follows:
- | | | |
|----------------------|---|---|
| Race Committee boats | - | Color flag of the area with a white band and "RC" in black. |
| Protest Committee | - | White flag with "J" in black. |

22. SUPPORT BOATS:

- 22.1. Support boats shall be registered at the regatta Office no later than 10:00 on 18 February, 2013.



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22.2. Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the first [class] [fleet] to start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

23. TRASH DISPOSAL:

23.1. Trash may be placed aboard support or official boats.

24. BERTHING:

24.1. Boats shall be kept in their assigned places in the Iate Clube do Rio de Janeiro during the event, as follows:

Places:

Hangar ramp 1 Courtyard
Travel Lift 1 Courtyard
Hangar 1 (Optimis side)

Classes:

Laser Standard, Laser Radial, 470 e Finn
49er e 49er FX,
RS:X and RS:X 8.5.

25. PRIZES:

25.1. Prizes will be awarded for the 1^o, 2^o and 3^o places each class.

25.2. Prize giving ceremony will be at 18:00 on 22 February, in Iate Clube do Rio de Janeiro – ICRJ.

25.3. To honor sponsors and press that will be on 22 February, 2013, kindly ask to winner athletes on each class to attend Brazilian Sailing Week – Rio de Janeiro 2013 prize giving ceremony.

26. DISCLAIMER OF LIABILITY:

26.1. *Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.*

27. ADVERTISING:

27.1. *Boats and athletes shall expose advertising as given by Organizing Authority following ISAF Regulation 20.4.*

ATTACHMENT 1

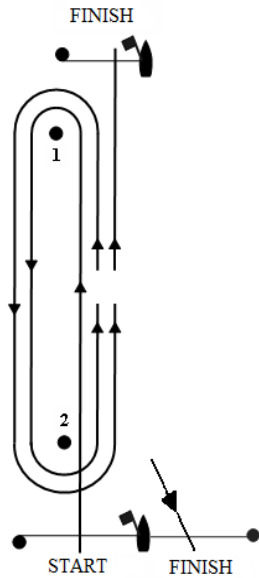
RACE AREAS



ATTACHMENT 2

COURSES

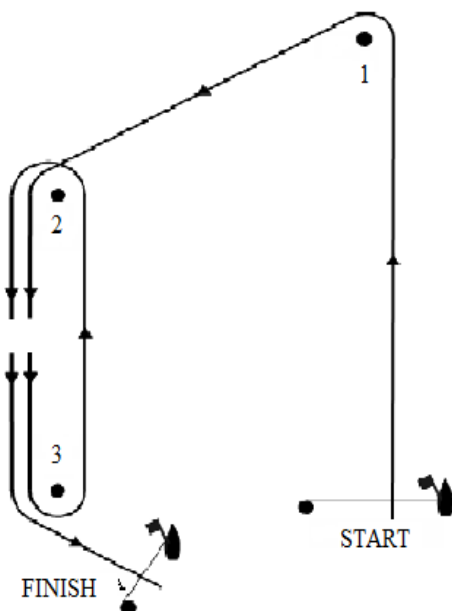
WINDWARD-LEEWARD



- BS 4** - START - 1 - 2 - 1 - FINISH
- BS 5** - START - 1 - 2 - 1 - 2 - FINISH
- BS 6** - START - 1 - 2 - 1 - 2 - 1 - FINISH
- BS 7** - START - 1 - 2 - 1 - 2 - 1 - 2 - FINISH

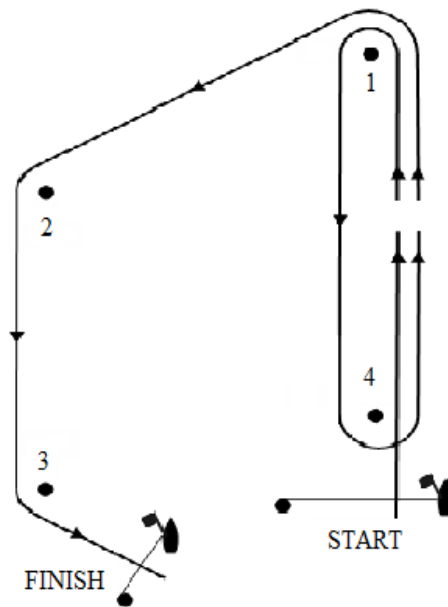
TRAPEZOIDAL OUTER

- O1** - START - 1 - 2 - 3 - 2 - 3 - FINISH
- O2** - START - 1 - 2 - 3 - 2 - 3 - 2 - 3 - FINISH



TRAPEZOIDAL INNER

- I1** - START - 1 - 4 - 1 - 2 - 3 - FINISH
- I2** - START - 1 - 4 - 1 - 4 - 2 - 3 - FINISH





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ADDENDUM Q

UMPIRED FLEET RACING

This addendum has been approved by ISAF in accordance with rule 86.2 and ISAF Regulation 28.1.3.

Version: January 21, 2013

These sailing instructions change the definition Proper Course, and rules 20, 28.2, 44, 60, 61, 62, 63, 64.1, 65, 66, 70, 78.3 and B5.

Q1 CHANGES TO RACING RULES

Additional changes to rules are made in instructions Q2, Q3, Q4, and Q5.

Q1.1 Changes to the Definitions and the Rules of Part 2 and Part 4

- (a) Add to the definition Proper Course: 'A boat taking a penalty or maneuvering to take a penalty is not sailing a *proper course*.'
- (b) When rule 20 applies, the following arm signals are required in addition to the hails:
 - (1) for 'Room to tack', repeatedly and clearly pointing to windward; and
 - (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

Instruction Q1.1(b) does not apply to boards.

Q1.2 Changes to Rules Involving Protests, Requests for Redress, Penalties and Exoneration

- (a) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or rule 31 or 42 while *racing*.'
- (b) For boards, the One-Turn Penalty is one 360o turn with no requirement for a tack or a gybe.
- (c) Rule 60.1 is replaced with 'A boat may protest another boat or request redress provided she complies with instructions Q2.1 and Q2.4.'
- (d) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted. Rule B5 is deleted.
- (e) Rules 62.1(a), (b) and (d) are deleted. In a race where this addendum applies, there shall be no scoring adjustments for redress given under any of these rules for a previous race.
- (f) Rule 64.1(a) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting instruction of this addendum.
- (g) Rules P1 to P4 shall not apply.

Q2 PROTESTS AND REQUESTS FOR REDRESS BY BOATS

- Q2.1** While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision. However, a board need not display a red flag.
- Q2.2** A boat that protests as provided in instruction Q2.1 is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a One-Turn Penalty as described in rule 44.2. If the protested boat does not take a penalty voluntarily, an umpire will decide whether to penalize any boat and signal the decision as provided in instruction Q3.1.
- Q2.3** At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation. After this has been done for all boats, the race committee will promptly display flag B with one sound. Two minutes later flag B will be removed with one sound.
- Q2.4** A boat intending to
 - (a) protest another boat under a rule other than instruction Q3.2 or Q4.2(a), or a rule listed in instruction Q2.1,
 - (b) protest another boat under rule 14 if there was contact that caused damage or injury, or
 - (c) request redress

shall hail the race committee before or during the display of flag B. The same time limit applies to protests under instructions Q5.4 and Q5.5. The protest committee may extend the time limit if there is good reason to do so.

- Q2.5** The race committee will promptly inform the protest committee about any protests or requests for redress made under instruction Q2.4.

Q3 UMPIRE SIGNALS AND IMPOSED PENALTIES

- Q3.1** An umpire will signal a decision as follows:
- (a) A green and white flag with one long sound means 'No penalty.'
 - (b) A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
 - (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.
- Q3.2**
- (a) A boat penalized under instruction Q3.1 (b) shall take a One-Turn Penalty as described in rule 44.2.
 - (b) A boat disqualified under instruction Q3.1(c) shall promptly leave the course area.

Q4 PENALTIES AND PROTESTS INITIATED BY AN UMPIRE; ROUNDING OR PASSING MARKS

- Q4.1** When a boat
- (a) breaks rule 31 and does not take a penalty,
 - (b) breaks rule 42,
 - (c) gains an advantage despite taking a penalty,
 - (d) deliberately breaks a rule,
 - (e) commits a breach of sportsmanship, or
 - (f) fails to comply with instruction Q3.2 or to take a penalty when required to do so by an umpire,

an umpire may penalize her without a protest by another boat. The umpire may impose one or more One-Turn Penalties to be taken as described in rule 44.2, each signaled in accordance with instruction Q3.1(b), or disqualify her under instruction Q3.1(c), or report the incident to the protest committee for further action. If a boat is penalized under instruction Q4.1(f) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled.

- Q4.2**
- (a) A boat shall not round or pass a mark on the wrong side. If she does so, she may correct her error as provided in rule 28.2 only if she does so before she rounds or passes the next mark or finishes.
 - (b) When a boat breaks instruction Q4.2(a) and fails to correct her error before rounding or passing the next mark or finishing, an umpire may disqualify her under instruction Q3.1(c).
- Q4.3** An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than instruction Q3.2 or Q4.2(a) or a rule listed in instruction Q2.1, may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

Q5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

- Q5.1** No proceedings of any kind may be taken in relation to any action or non-action by an umpire.
- Q5.2** A boat may not base an appeal on an alleged improper action, omission or decision of the umpires or the protest committee. In rule 66 the third sentence is changed to 'A party to the hearing may not ask for a reopening.'
- Q5.3**
- (a) Protests and requests for redress need not be in writing.
 - (b) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.
 - (c) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a penalty of points or fraction of points or make another arrangement it decides is equitable, which may be to impose no penalty.
- Q5.4** The race committee will not protest a boat, except following a report under rule 43.1(c) or 78.3.
- Q5.5** The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking instruction Q3.2 or Q4.2(a), a rule listed in instruction Q2.1, or rule 14 unless there is damage or injury.